

ESC SHINTAIDO EXAMINATION PROGRAM

to be used in Europe from 2011 (vs-2 2012/03)

Doshu Shintaido Kenjutsu Program (Completion)

(Master Instructor) Substantial contribution to the development of International Shintaido movement**

Dai-Shihan Kumitachi: San-nin ichiretsu

(General instructor) Kyu-kajo N°5 to N°9

Contribution to continental group development and to international group organisation**

Sei-Shihan Kumitachi: Kyu-kajo N°1 to N°5

(Senior instructor) Kumite: From receiving any attack to Meiso-kumite (Hikari-Wakame)

Contribution to regional/national group development and to continental group

organisation**

Sei-Shidoin Shintaido Kenjutsu Kihon Kata N°1 to N°9

(Instructor) Taimyo

Kumite: Receiving for Jodan uchite attack (Mae, Yoko, Ushiro, Sagari-irimi) and

Tsuki attack (Tenshingoso applications)

Contribution to local group development and to regional/national group organisation**

Jun-shidoin Shintaido Kenjutsu Kihon Kata (see specific program)

(Graduate) Eiko (dai) no kumite 1 vs 3.

Kirioroshi no kumite (Mae, Yoko, Ushiro, Sagari-irimi) with various stances and, if known,

Tenshingoso applications

Gorei to lead a group Toitsu-kihon movement Contribution to local group organisation**

Assistant Shintaido jump: three options (1 standing, 2 Lower level without jump, 3 Jump)

(Joshu) Eiko (dai)

Toitsu-kihon - kirikomi/ kiriharai combinations (one count, one or several cuts)

Eiko (dai) no kumite (Continually, beyond the limit) (1 vs 1)

Gorei for Jumbi-taiso Sensei and group care* Interview on intentions

Koto-ka Step#1 to #4 / Kaikiaku-zenshin-sho

(Advanced) Eiko (sei) no kumite (Daijodan vs Toitsu-kihon kirikomi & kiriharai)

Eiko (dai) no kumite (just few times, full power) Toitsu-kihon - kiriharai (fudo-dachi zenshin)

Hakama care

Chuto-ka Meiso-jump (with or without moving)

(Intermediate) Tenshingoso no kumite (seiza & dai (standing))

Wakame taiso (moving around)

Toitsu-kihon - kirikomi (musubi-dachi zenshin)

Dojo care

Shoto-ka Kaikyaku-zenshin (dai)

(Elémentary) Eiko (dai)

Tenshingoso (dai)

Wakame taiso (from behind)

Nyumon-ka Tachi jump (3 kinds of koshi)

(Introductory) Tenshingoso (sei)

Wakame taiso (from in front)

Dojo manners

* To be reported in a written document

^{** &}quot;Organisation" is meant as in regular group life (board/office or/and project management) and during special events
According to the level, "development" is meant as actual teaching and leading of a group of related scale, practice development (in
related TC or peer group), bringing practicionners up to two dan under the intended level (for higher levels) and public witnessing of
Shintaido.